

November 2009

The SPORTS COURT is reserved for the following programs.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 5-6:30 pm Pick- Up B-Ball (ages 16 and up)	2	3	4	5 9:30-10:15 am Stroller Moms 4:30-5:15 pm Kid's Fitness 6:15-7:15 pm Family Volleyball 7:30-8:15 pm Boot Camp	6	7 8-9 am Boot Camp
8 5-6:30 pm Pick- Up B-Ball (ages 16 and up)	9 5:30-6:30 pm Basketball Clinics	10 6:30 7:15 pm Boot Camp	11 5:30-6:30 pm Basketball Clinics	12 9:30-10:15 am Stroller Moms 4:30-5:15 pm Kid's Fitness 6:15-7:15 pm Family Volleyball 7:30-8:15 pm Boot Camp	13	14 8-9 am Boot Camp
15 5-6:30 pm Pick- Up B-Ball (ages 16 and up)	16 5:30-6:30 pm Basketball Clinics	17 6:30 7:15 pm Boot Camp	18 5-8 pm SOA Annual Board meeting	19 9:30-10:15 am Stroller Moms 4:30-5:15 pm Kid's Fitness 6:15-7:15 pm Family Volleyball 7:30-8:15 pm Boot Camp	20 5- 8:30 pm Movie Night	21 8-9 am Boot Camp 4-7 pm Creative Kids
22 5-6:30 pm Pick- Up B-Ball (ages 16 and up)	23 5:30-6:30 pm Basketball Clinics	24 6:30 7:15 pm Boot Camp	25 5:30-6:30 pm Basketball Clinics	26 Club Closed Happy Turkey Day	27	28 8-9 am Boot Camp
29 5-6:30 pm Pick- Up B-Ball (ages 16 and up)	30 5:30-6:30 pm Basketball Clinics	Dec. 1	Dec. 2 5:30-6:30 pm Basketball Clinics	Dec. 3	Dec. 4	Dec. 5 8-9 am Boot Camp

For a description of programs, please pick up a newsletter from the Front Desk.